

RHYTHMICAL EINREIBUNG | An Anthroposophic Nursing Massage

LEVEL I COURSE: October 8 – 12, 2011 • Fellowship Community, Spring Valley, NY

Rhythmical Einreibung, also referred to as Rhythmical Embrocation, is a nursing massage that gently enlivens warms and nurtures the whole human being through the conscious application of qualities of touch and therapeutic oils.



Level I course is for nurses, massage therapists and other caregivers.

Students will be introduced to the theory of rhythmical and life processes through instruction and practice and will learn:

- The qualities of rhythmical touch, and how to provide them
- The meaning of the warmth organism and its importance in therapy
- Application of the rhythmical qualities in other nursing situations
- Indications and contraindications of Rhythmical Einreibung
- Rhythmical Einreibung of the back, legs and feet

The learning process will be experiential and imaginative, imparting a living knowledge of Rhythmical Einreibung that participants can readily integrate into their health care practices and life situations.

Pregnancy and some medical conditions are contraindications for receiving Rhythmical Einreibung in a practice setting; please notify the course coordinators if you are pregnant or have a medical condition.

A Level II course, in which understanding of theory is deepened and broadened to include other parts of the body, will be offered in 2012. Completion of Level I is required to attend Level II.

COST: \$595.00

Course Fee includes 2 organic snacks daily

Deduct \$25 for any registration submitted by August 15, 2011

Deduct \$25 if you are a current member of AAMTA

REGISTRATION IS LIMITED TO TWELVE PARTICIPANTS.

FACULTY

Fiona Sim R.N. Fiona began learning Rhythmical Einreibung in 1988, and has been teaching RE for 15 years. Fiona worked at the Anthroposophic Medical Clinic of Park Attwood in the UK for 21 years, nursing patients with a wide range of conditions. She is currently using RE in private practice, and works as an RN in an in-patient hospice. She is a faculty member of the course in Rhythmical Einreibung Specialist training and RE Teacher training. Fiona is also part of a professional group working on the Anthroposophic Health Care Education and Training accreditation in the U.K.

Judith Brockway-Aventuro and **Elizabeth Sustick**, both R.N.'s, Rhythmical Einreibung Specialists, and Anthroposophic Nurse Specialists, will be assistant teachers.

QUESTIONS? Contact course coordinators:

Judith Brockway: jbrockway7@optonline.net / 845.425.7725

Elizabeth Sustick: esustick@gmail.com / 413.586.8083

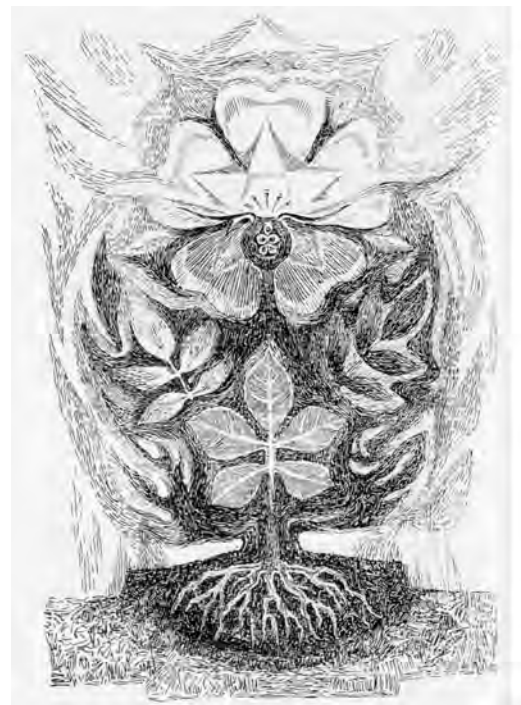
To register complete registration form and send with full payment (check only) to:

KIMBERTON NURSES ASSOCIATION (KNA)

C/O JUDITH BROCKWAY

7 MENOCKER ROAD, CHESTNUT RIDGE, NY 10952

www.anthroposophicmedicine.org



REGISTRATION FORM: RHYTHMICAL EINREIBUNG LEVEL 1 COURSE • OCTOBER 8 –12, 2011 • ANTHROPOSOPTIC NURSING MASSAGE

Name _____

Address _____

Telephone _____ Email _____

Profession _____

AMOUNT Enclosed \$ _____